



Soup Nutsy®

PURVEYOR OF WORLD GOURMET SOUPS

CAJUN SEAFOOD GUMBO

Nutrition Facts

Per 1 cup (227g) serving

Amount	% Daily Value
Calories 265	
Total Fat 14 g	21 %
Saturated Fat 7 g + Trans Fat 0 g	38 %
Cholesterol 65 mg	
Sodium 760 mg	32 %
Total Carbohydrate 21 g	7 %
Dietary Fibre 1 g	5 %
Sugars 7 g	
Protein 12 g	
Vitamin A:	11 %
Vitamin C:	7 %
Calcium:	15 %
Iron:	5 %

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.